



PeachTree Professional Education, Inc.

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DIRECTIONS TO COMPLETE THIS COURSE:

Step One: Please use the above address and telephone numbers for ALL correspondence with our office. Our old address may still be on some of the handout pages, and mailing to the wrong address will delay your certificates.

Step Two: Please review the materials in this document (print, or scroll down to read).

On the following pages you should find an **Outline**, an **Evaluation of Learning Quiz** form, and a **Grade This Course** form, as well as the **Course Content** itself. Many courses will require that you also listen to an Audio lecture or watch a Video lecture, which you will access on our website in the same place where you obtained this document. Some courses may require that you read sections from the DSM-IV or your Professional Code of Ethics – and in such cases you must provide your own DSM and find your own Code.

Step Three: After you have reviewed all of the course content, you will **complete** and turn in the “Evaluation of Learning Quiz” form, the “Grade This Course” page and any requested assignments—either **Online or by Mail or Fax**—along with your payment. If you wish to do the Quiz and Pay Online, you will find the access link at the same place on our website where you obtained this document.

Step Four: If you complete the Evaluation Quiz Online, you will instantly receive your CEU Certificate. If you choose to Fax or Mail your Quiz and Payment to us, the same business day we receive it you will be sent a **CEU Certificate** by fax or email, as you indicate on the form. Certificates reflect the approved continuing education hours for the course and our state and national board provider approval numbers.

Step Five: Complete the license renewal process with your state board as usual, indicating the hours you have completed via independent home study.

>> CEU Credit Approvals: Our courses have been approved by NBCC # 5701, NAADAC #205, and various state regulatory boards. A complete listing by state and board can be found on our website at:

www.fastceus.com/approvals.php

You are responsible for making sure that the courses you take meet your specific re-licensure needs. If you have questions about your re-licensure requirements or CE credit acceptance, please contact your state board directly—before you complete the course.

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Your instructor is Richard K. Nongard, LMFT/CCH

QUESTIONS? Call: (800) 390-9536 or E-Mail: info@fastceus.com

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“INSIDE CRIMINAL MINDS: Underlying Psychiatric Disorders and Conditions”

3 Continuing Education Clock / Credit Hours

Instructor: Richard K. Nongard, LMFT/CCH

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Purpose of This Course:

The purpose of this CEU course is to provide mental health, nursing and criminal justice professionals with a better understanding of criminal mindset as well as the common psychiatric conditions that often afflict various sorts of criminals, from rapists to serial killers, abusers and arsonists.

Course Objectives:

At the conclusion of this course the professional will be able to:

- 1.) Identify risk factors and characteristics common to the criminal personality
- 2.) Assess potential for lethality, recidivism and risk in crime
- 3.) Implement methods of pro-social adaptation in criminal justice clients
- 4.) Utilize community resources and situational supports
- 5.) Understand dynamics of personality strengths, resources and deficits among criminal justice clients.

Course Outline:

10 Minutes: Course organization and introduction .

120 Minutes: Audio lecture and Reading and synthesis of course notes.

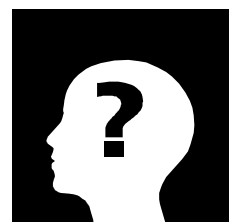
40 Minutes: Completion of required Evaluation of Learning Quiz

10 Minutes: Documentation and preparation

=====

180 Minutes (3 Hours)

If you ever have any questions concerning this course,
please do not hesitate to contact **PeachTree** at (800) 390-9536.



Psychiatric Disorders Related to Crime

Substance Abuse

Munchausen Syndrome by Proxy

Impulse Disorders

Kleptomania

Pyromania

Intermittent Explosive Disorder

Psychotic Disorders

Personality Disorders

Psychosexual Disorders

Stanton Samenow, PHD

“Inside the Criminal Mind”

“A detailed and lengthy examination of the mind of a criminal (which is seldom made) will reveal that he is anything but sick. The criminal is rational, calculating, and deliberate in his actions”

“Sociological explanations for crime, plausible as they may seem, are simplistic. If they were correct, we’d have far more criminals than we do.”

“A responsible person will not be turned into a criminal by what he watches or reads.”

“psychological theory...is more misleading than illuminating in explaining why people become criminals...the criminals shape others more than they do him.”

“Despite a multitude of differences in their backgrounds and crime patters, criminals are alike in one way: *how they think.*”

“from my clinical observations, I have concluded that ‘kleptomaniacs’ and ‘pyromaniacs’ are simply people who enjoy stealing or setting fires. They are as much in control or their behavior as the bank robber or offender who commits arson for profit.”

“The dominant ethos in prison, as it was outside, ‘Fuck everyone but me’.”

“An alternative to change is suicide.”

“The criminal knows right from wrong... the criminal decides that he can make an exception for himself just because it suits him at a particular time.”

“Punishment and rehabilitation both have failed to reform criminals.”

“Responsibility.”

“You are Going to Prison” Jim Hogshire

“Been braking any laws lately? Its not too hard anymore. For years now, society has been treating any social problem by making something illegal.”

“Keep in mind that from a cops point of view, there are only two kinds of people in the world — cops and scum.”

“If on the way to the death chamber you get a chance to kill a guard or even just hurt him bad — why not do it? Even if they beat the shit out of you in retaliation, it won’t hurt for long.”

“Selling drugs out of your house? Don’t be sneaky about it, sell nightcrawlers. That way neighbors won’t think twice about 5-minute visits to your house all day and night. And make sure you really have night-crawlers for sale, too!

what is Normal?

Efficient perception of reality

Self-knowledge

Ability to exercise voluntary control over behavior

Self-esteem and acceptance

Ability to form affectionate relationships

Productivity

(Introduction to Psychology, 10th edition, Hacort Brace Jovanovich, Rita Atkinson, et. al.)

SERIAL KILLER PROFILES:

Serial Killers are more common in society than most realize. Some believe that there are over a 100 in the United States at any given time. That might not sound like a lot, but keep in mind that each serial killer murders at least three people. An estimated 5,000 fall victim each year.

There are four major types of serial killers. The first is the "Visionary" murderer. Although most serial killers are totally sane, this killer sees and hears things that "demand him to kill". In our Christian based society, this is usually the voice of God or the voice of Satan. This psychotic killer thinks that he has experienced these visions or voices and could possibly get the "insanity" defense to hold up in court.

"Mission-Oriented" killers take it upon themselves to rid the world of a certain group of people (i.e. blacks, gays). They rationalize the murder in their heads thinking that they have done the world a favor. This killer could easily be your nicest neighbor. No one ever suspects that this "nice guy" just committed murder.

The "Hedonistic" murderer seeks thrill and excitement. He is sexually aroused by his grotesque means of thrill seeking. He is very smart. His crime scenes are clean of evidence and could be unidentifiable to police for many years.

Last, there is the "Control-Oriented" killer. This murderer is sexually aroused by having complete control of the victim and his/her life. He is aware of laws but chooses not to abide by them. This is your typical sociopath. Controlling his victim makes him feel very powerful.

GENERAL CHARACTERISTICS OF SERIAL MURDERERS:

Most are White — Ages 25-34 — Intelligent — Psychopaths

Usually have the same kind of victim for the duration of their killings (i.e. Women with short blonde hair...).

Travel a lot — Most parents were not married when the killer was born

Abused as children — Alcoholism / Drug Addiction

CLASSIFICATION OF SERIAL MURDER:

Kill at least three people

Each murder occurs at a different time

The murders take place in at least three different locations

There is a "cooling" down period in between murders that lasts about 30 days.

ORGANIZED MURDERERS:

Plan the murder — Victim is a stranger to the killer — Control

Uses means of tying up the victim — Beat up, mutilate, etc. before the death of the victim

Takes body away from crime scene and hides — No evidence or murder weapon found

DISORGANIZED MURDERERS:

Kill whenever they get the urge — Victim from a location that is known to the killer

Messy crime scene — Necrophilia — Body left at crime scene — Lots of evidence

RAPIST PROFILES

A rapist is not distinguishable by his looks or intelligence. Most rapists who have been studied rate normally on psychological tests except for a slightly higher rate on expressing anger. They can look like the boy next door or any well-respected member of the community. However, experts on sexual assaults have identified some behavioral characteristics and personality traits that merit the attention of prudent and observant persons.

STRANGER RAPIST

- Selects his victim and initiates the attack on the basis of opportunity, usually selecting someone who appears vulnerable and alone.
- Often has consenting sexual relationships, but chooses to rape both because he enjoys overpowering and degrading his victims and as a vent to his feelings of hostility, aggression and inferiority. Sex is not the motivating factor, only the mode of expression.
- Is emotionally unstable, yet deals with life on a day-to-day basis in a reasonably normal and competent manner.
- Has difficulty relating to others in a permanent or lasting fashion.
- Could be an exhibitionist or a "peeping tom", since these acts may be only a part of a fantasy which includes rape.
- Does not understand or recognize the rights of an individual.

ACQUAINTANCE / DATE RAPIST

- Acts immaturely, shows little empathy or feeling for others and displays little social conscience.
- Displays anger or aggression either physically or verbally. The anger need not be directed toward you, but may be displayed during conversations by general negative references to women, vulgarity, curtness towards others, and the like. Often views women as adversaries.
- Acts macho and discusses acts of physical prowess.
- Displays a short temper, slaps and/or twists arms.
- Acts excessively jealous and/or possessive about you. Be especially suspicious of this behavior if you have recently met the person or are on a first or second date.
- Ignores your wishes.
- Attempts to make you feel guilty, or accuses you of being "uptight."
- Becomes hostile and/or increasingly more aggressive when you say "no."
- Acts particularly friendly at a party or bar and tries to separate you from your friends.
- Insists on being alone with you on a first date.
- Demands your attention or compliance at inappropriate times, such as during a class.
- Asks personal questions and is interested in knowing more about you than you want to tell him.
- Subscribes excessively to traditional male/female stereotypes

Rapist profiles

“Power-Reassurance”

How the rapist operates -- He typically uses the surprise approach. He will lie in wait, sneak into bedrooms, hide in the back seat of a car, etc. He chooses his victim by peeping and prowling. (Note: A peeping tom isn't necessarily harmless.) He generally lives in or frequently visits the neighborhood where he strikes. This is thought to be the most common serial rapist type.

Psychological profile -- He rapes to reassure himself of his masculinity. (All rapists have inadequate personality types.) He will often apologize afterward. His fantasy is that this is not rape, it is consensual. He tries to involve the victim. He may kiss, hug, and perform oral or vaginal sex. He is polite. The press may label him as a "gentleman rapist."

Outward personality -- This guy has a major wimp factor going on. He is socially inept and very shy with women. If a woman smiles at him he may think: "She likes me." He is a loner with low self-esteem. He may be an underachiever with nocturnal habits, and is often viewed as a "nice guy," though not dangerous.

Reaction to resistance -- He often flees and may negotiate or threaten, but may also use whatever force necessary to get the woman to comply. Victim resistance is most likely to succeed with this type of rapist.

“Power-Assertive”

How the rapist operates -- He typically presents a false image to women. He meets woman at bars, buys them drinks and then believes that he is owed sex. The victim may know him. He could be either a date rapist or a stranger rapist.

Psychological profile -- He rapes to express his masculinity. He has doubts about himself, but has bravado. His need is to prove and display his masculinity. He feels he is not a real man unless he takes what he needs.

Outward personality -- Everything about him is exaggerated macho. He has some social skills and can at least start a conversation with a woman. He might drink alcohol, but not to the loss of control. He comes across as confident, assertive. He may drive a muscle car. If he has a dog, it will be a big one.

Reaction to resistance -- He thinks that women like to be slapped around and that his ex-lover is still under his control. He might take the attitude that "If I can't have you, no one can." He often has a history of domestic violence, and thinks it is his wife's obligation to give him sex.

“Anger-Retaliatory”

How the rapist operates -- He uses immediate debilitating force - a blitz attack. The victim is knocked to the ground before she knows what hit her. This rapist doesn't generally enter houses. He is more likely to attack from bushes on a bike trail or another secluded spot.

Psychological profile -- He is angry at women in general. He rapes to punish women. Usually, a build-up of stresses in his life precipitates an attack. Then there is a last straw - an actual or perceived wrong by a woman.

Outward personality -- A lone wolf. Angry. He occasionally drinks before an assault. The more he drinks, the angrier he gets.

Reaction to resistance -- Excessive violence. If he has a partner and she upsets him, he beats her up.

Anger-Excitation / Sexual Sadist

How the rapist operates -- Abductions, not far from murder. He plans everything in advance, with exception of the victim. He will locate a compliant victim, a girlfriend or wife, then socially isolate her, and become the center of her life. He finds women with self-esteem problems, and will lure the victim into a trap. For instance: He says, "Hi, you wanna smoke some dope? Let's get in my van." He forces women to do and say humiliating things.

Psychological profile -- He is motivated by sexual sadism. Stimulation and gratification come from the mental, emotional & physical suffering of victims. He feeds off the victim's response to physical & psychological torture. He wants a compliant slave.

Outward personality -- Few, if any, outward sings. He is very good at hiding his "bizarre" side.

Reaction to resistance -- He is very, very dangerous. Fighting often excites him more. He is sometimes willing to murder.

Arson

Arson is the nation's fastest-growing crime.

50% of all fires (considered incendiary & suspicious) are considered to be arson, as determined by ruling out other factors: electrical, accidental, natural, unknown.

Legal elements for arson include: burning, intent and malice.

Characteristics of arsonists or "firesetters":

AGE: 10-14 years (26%), majority are under age 18 (51%).

If adult, late 20s, never over 35 if adult. Motive: revenge or profit.

SEX: 9 out of 10 (90%) are male. If female, generally a revenge type motive.

RACE: 3 out of 4 (75%) are white. Black (20%) are first-timers. Native Americans are the 3rd largest arsonist population.

CLASS: Majority are from lower to working class. Middle class is seen if for vandalism or excitement.

IQ: Vast majority are subnormal (70-90), with 22% in the retarded range (below 70). Genius level is rare.

FAMILY: Typically an absent or abusive father, and a history of emotional problems with family/mother.

SCHOOL: Learning problems are common, and they are usually held back a grade in school, typically in the 10th grade. Problems seen in younger (grades 6-8) if vandalism is involved.

PEERS: Commonly social misfits, having interpersonal problems with the opposite sex. Often appears physically and emotionally weak compared to average peers.

WORK: Often chooses a more subservient position and then resents it (both ambivalent and resentful toward authority - feels repressed). Usually unemployed if for vandal, excitement, or profit.

CRIMINAL HISTORY: Generally will have numerous status offenses as a juvenile, or property crimes. Nearly all have arrest records of some sort.

DRUG/ALCOHOL: Generally have no problems in this area.

MENTAL: A lack of remorse may appear as psychopathy, but it is more typically the result of an obsessive-compulsive or disassociative trance, much like their state during actual firesetting.

ARREST: The majority will remain at the crime scene, except for the revenge, conceal, profit types. Some will attempt suicide in lockup. Most will confess easily through cooperation.

TYPES other than concealers or for profit (who constitute 22% of total):

ARSON FOR REVENGE (41%) - The precipitating factor is generally a real or imagined affront that occurred months or years ago. The attack is focused on individual rivals, a business chain, schools, or a facility connected with the offender.

ARSON FOR EXCITEMENT (30%) - The precipitating factor is boredom, a (sexual) thrill cycle, or a need for attention. The attack is focused on large or outdoor targets, like parks, construction sites, arenas, or even residential areas.

ARSON FOR VANDALISM (7%) - The precipitating factor is a family disturbance or peer pressure. The attack is usually focused on an educational facility, or residences and outdoors locations.

ARSON FOR PROFIT (5%)

ARSON FOR CRIME CONCEALMENT (17%)

Mentally Ill Prison Populations

The number of mentally ill people in jails and prison grew as the number in psychiatric hospitals declined. The average daily number of patients in U.S. state and county mental hospitals:ⁱ

1950: 592,853

1970: 432,520

1980: 162,093

1994: 71,619

US Jail or prison inmates with a serious mental illness in 1999: 283,000.ⁱⁱ

Women prisoners are more likely to be mentally ill than male prisoners. 1 in 4 female inmates reports having a mental illness.ⁱⁱⁱ

White women inmates have a higher rate of mental illness than any other demographic group. 29% of white female state prisoners were identified as mentally ill. 20% of black females and 22% of Hispanic females in state prison were mentally ill.ⁱ

Mentally ill inmates are slightly more likely to have committed violent crimes. 53%, compared with 46% of inmates with no identified mental illness.ⁱ

20% of inmates with mental illness were homeless during the year before their incarceration. 12% of non-mentally ill inmates reported having been homeless.ⁱ

More than 75% of mentally ill inmates had been sentenced to prison, jail or probation at least once prior to their current sentence. Half reported three or more prior sentences.ⁱ

ⁱ"Mental Hospitalization", Kiesler CA, Sibulkin AE; "Resident Patients in State and County Mental Hospitals", 1994 survey. Center for Mental Health Services, US Department of Health and Human Services.

ⁱⁱ"Mental Health and Treatment of Inmates and Probationers", Bureau of Justice Statistics, 1999.

We Have What You Need

APPROVED

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EVALUATION OF LEARNING QUIZ PAGE 1 of 2

PRINT and FAX or MAIL THIS PAGE AND THE ANSWERS PAGE TO OUR OFFICE

******* OR *******

>>> You may complete and submit this Evaluation and your payment Online by following the 'Quiz & Pay' link for this course on our website at www.FastCEUs.com.

PLEASE NEATLY PRINT THE FOLLOWING INFORMATION:

NAME as you want it on your CEU Certificate: _____

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State: _____ Zip: _____

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NEATLY Print YOUR FAX Number OR EMAIL Address to receive your CEU Certificate – Certificates will NOT be mailed:

(_____) _____

(If you FAX us your Evaluations do NOT also mail them. Please WRITE NEATLY!!)

CREDIT CARD and BILLING INFORMATION:

(Certificates will not be provided until payment is received by our office.)

“INSIDE CRIMINAL MINDS—Underlying Psychiatric Disorders”

This 3 Hour CEU Course is \$49.95

Please make checks out to PeachTree Professional Education and mail to the address above.

Circle: MC Visa Discover Amex Check Enclosed

Credit Card Number: _____

Credit Card Expiration Date: _____ 3-4 Digit Code: _____

EVALUATION OF LEARNING QUIZ – page 2 of 2

“INSIDE CRIMINAL MINDS - UNDERLYING PSYCHIATRIC DISORDERS AND CONDITIONS”

3 Hours of Approved Continuing Education Credit

The purpose of the following True/False Evaluation of Learning questions is to:

- A.) Verify that you have read and listened to the required course materials.
- B.) Demonstrate an understanding of the practical application of the course materials.
- C.) Officially document your participation and completion of this course.

CIRCLE ANSWERS TO THE FOLLOWING EVALUATION OF LEARNING QUESTIONS

- T F 1.) I have listened to the required audio component of this course.
- T F 2.) I have read through the handout material for this course.
- T F 3.) Munchausen Syndrome by Proxy perpetrators feign illness in others.
- T F 4.) Impulse disorders can be present among criminal populations.
- T F 5.) Kleptomania is just another word for shoplifter.
- T F 6.) The antisocial and borderline personality disordered client rarely commit criminal acts.
- T F 7.) If one meets the criteria for a mental health disorder, they are not responsible for their criminal behavior.
- T F 8.) According to Stanton Samenow, the criminal’s thinking is the problem.
- T F 9.) The healthy person is able to exercise voluntary control over their behavior.
- T F 10.) Self-esteem programs are overrated and not part of effective treatment.
- T F 11.) Productivity is a hallmark of normalcy.
- T F 12.) Legal, cultural and psychological definitions of pedophilia can differ.
- T F 13.) Adolescence has always existed.
- T F 14.) Anyone who exposes genitals to another person is a criminal and is psychosexually disordered.
- T F 15.) Gender identity disorder and transvestic fetishism are the same disorder.
- T F 16.) Andrew Cunanan was a serial killer.
- T F 17.) One indicator of risk for date rape is "a person subscribing excessively to tradition male and female roles."
- T F 18.) Four types of rapists are profiled.
- T F 19.) Firestarters who are female are often motivated by revenge.
- T F 20.) The most effective means of restitution is financial compensation to the victim.



Richard K. Nongard, Executive Director
PO BOX 121 ANDOVER, KS 67002

"Blue Sheet" Grade This Class!

Please complete this short course evaluation.

Please mail or fax this page to us along with your completed course documentation.

DATE: _____ Homestudy Course Title: _____

On a scale of 1-5 (5 being "highest" and 1 being "lowest") please answer the following questions:
 LOW -----> HIGH

- | | | | | | |
|---|---|---|---|---|---|
| 1) The instruction appeared knowledgeable of the materials: | 1 | 2 | 3 | 4 | 5 |
| 2) The course objectives for this class were met: | 1 | 2 | 3 | 4 | 5 |
| 3) Appropriate teaching methods were utilized: | 1 | 2 | 3 | 4 | 5 |
| 4) The handout materials were useful: | 1 | 2 | 3 | 4 | 5 |
| 5) Sound / Video quality was acceptable: | 1 | 2 | 3 | 4 | 5 |
| 6) How much of this material was new to you: | 1 | 2 | 3 | 4 | 5 |
| 7) The overall quality of this course was: | 1 | 2 | 3 | 4 | 5 |

8) Please feel free to make any additional comments below:

Thank you for your participation! Please sign here if you give permission for your comments to be used on our website or other advertising materials.

 Name or Initials

 City, State