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**PeachTree
Professional
Education**

15560 N. Frank L. Wright Blvd.,
#B4-118, Scottsdale, AZ 85260

Voice: (800) 390-9536

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Web: www.fastceus.com

“THE PROMISE OF ENERGY PSYCHOLOGY”

8 Continuing Education Clock / Credit Hours

Textbook Course utilizing the Book:

***“The Promise of Energy Psychology: Revolutionary
Tools for Dramatic Personal Change”***

by David Feinstein, Donna Eden, and Gary Craig

ISBN-13: 9781585424429

Instructor: Richard K. Nongard, LMFT/CCH

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COURSE INSTRUCTIONS:

1. You must obtain the required textbook yourself. It is available for purchase online at Amazon.com and most major book retailers, such as Borders and Barnes & Noble, or to borrow for free at most libraries.

On Amazon: http://www.amazon.com/Promise-Energy-Psychology-Revolutionary-Dramatic/dp/1585424420/ref=sr_1_1?ie=UTF8&s=books&qid=1276701691&sr=1-1

On Barnes & Noble, available in both paperback and e-book formats:

<http://productsearch.barnesandnoble.com/search/results.aspx?store=BOOK&WRD=The+Promise+of+Energy+Psychology%3A+Revolutionary+Tools+for+Dramatic+Personal+Change>

2. Once you have acquired and read the book, you will need to take the **Evaluation of Learning Quiz** (included in this document and available on our website) and pay for the CEUs, in order to receive your **Certificate** - by Email.
>> You may complete the Quiz on paper and Fax or Mail it to us along with your payment, or use the link on our website at www.FastCEUs.com where you clicked to open this document, to submit securely online.

If you ever have any questions concerning this course, please do not hesitate to contact **PeachTree** at (800) 390-9536.



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Purpose of This Course:

The purpose of this course is to enlighten mental health, criminal justice, nursing and affiliated professionals with an understanding of energy psychology methodology and practice, which may be used effectively in various forms of counseling and therapy settings to help facilitate client change.

Course Objectives:

At the conclusion of this course the professional will be able to:

- 1.) Understand the tenants of energy psychology
- 2.) Integrate energy psychology with CBT and other therapeutic approaches
- 3.) Develop energy interventions to facilitate emotional change.

Course Outline:

5 Minutes: Course organization and introduction.

435 Minutes: Reading and synthesis of course notes and Textbook.

30 Minutes: Completion of required Evaluation of Learning Quiz

10 Minutes: Documentation and preparation

=====

480 Minutes (8 CEU/Clock Hours)

If you ever have any questions concerning this course,
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We Have What You Need

APPROVED

FastCEUs.com

PeachTree Professional Education, Inc.

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EVALUATION OF LEARNING QUIZ PAGE 1 of 3

PRINT and FAX or MAIL THIS PAGE AND THE ANSWERS PAGE TO OUR OFFICE
******* OR *******

>>> You may complete and submit this Evaluation and your payment Online by following the 'Quiz & Pay' link for this course on our website at www.FastCEUs.com.

PLEASE NEATLY PRINT THE FOLLOWING INFORMATION:

NAME as you want it on your CEU Certificate: _____

Professional cert/license type with numbers: _____

ADDRESS to keep in our board records: Street: _____

City: _____

State: _____ Zip: _____

DAYTIME TELEPHONE Number: (_____) _____

NEATLY Print YOUR FAX Number OR EMAIL Address to receive your CEU Certificate – Certificates will NOT be mailed:

(_____) _____

(If you FAX us your Evaluations do NOT also mail them. Please WRITE NEATLY !!)

CREDIT CARD and BILLING INFORMATION:

(Certificates will not be provided until payment is received by our office.)

"THE PROMISE OF ENERGY PSYCHOLOGY"

This 8 Hour CEU Course is \$56.00

Please make checks out to PeachTree Professional Education and mail to the address above.

Circle: MC Visa Discover Amex Check Enclosed

Credit Card Number: _____

Credit Card Expiration Date: _____ Security Code: _____

Signature: _____

EVALUATION OF LEARNING QUIZ — Page 2 of 3

“The Promise of Energy Psychology”

8 Hours of Approved Continuing Education Credit

The purpose of the following True/False Evaluation of Learning questions is to:

- A.) Verify that you have read the required course materials.
- B.) Demonstrate an understanding of the practical application of the course materials.
- C.) Officially document your participation and completion of this course.

CIRCLE ANSWERS TO THE FOLLOWING EVALUATION OF LEARNING QUESTIONS

- T F 1.) I have read the entire textbook required for this course.
- T F 2.) Energy psychology builds upon conventional psychology.
- T F 3.) Every thought or emotion that one experiences is a reaction in a specific area of the brain.
- T F 4.) Energy psychology is a slow paced method of change, taking years to produce change.
- T F 5.) The EEG, EKG, PET and MRI are tools to glimpse the intelligence of the body as an electrical system.
- T F 6.) Energy interventions within the field of psychology are still unfolding.
- T F 7.) Energy interventions are never combined with affirmations.
- T F 8.) Standard affirmation setup will resolve many psychological reversals.
- T F 9.) The EFT search engine can help you identify resources for success.
- T F 10.) Fear and phobias do not respond well to forms of energy psychology.
- T F 11.) If problems reemerge it is almost always because aspects weren't fully addressed in the initial treatment.
- T F 12.) About 103 million Americans are clinically depressed.
- T F 13.) To a reasonable degree we have mapped the neurochemistry of addiction.
- T F 14.) Stimulation of certain acupuncture points on the skin appear to increase serotonin levels in the brain.
- T F 15.) Physical ailments never have an emotional component.

(CONTINUED -->

EVALUATION OF LEARNING QUIZ — Page 3 of 3

“The Promise of Energy Psychology”

< CONTINUED >

8 Hours of Approved Continuing Education Credit

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CIRCLE ANSWERS TO THE FOLLOWING EVALUATION OF LEARNING QUESTIONS

- T F 16.) The skilled psychotherapist uses language to inspire, to open the perception of new possibilities, to counter limiting beliefs, and to expand self-concept so that latent potentials may flower.
- T F 17.) Medical studies show that belief in a drug’s effectiveness has no impact on the true effectiveness of that drug.
- T F 18.) Cognitive Behavioral Therapy has taken its place as one of the most effective clinical approaches available for people who are motivated to overcome anxiety, depression and other psychological difficulties.
- T F 19.) Energy psychology can be used to assist people in developing "peak performance."
- T F 20.) Daniel Goleman’s approach to emotional intelligence can be augmented with energy psychology.
- T F 21.) Tapping is a simple tool.
- T F 22.) Emotions occur automatically and involuntarily - like reflexes.
- T F 23.) Building a strong rapport is fundamental to doing effective energy work with children.
- T F 24.) Four of the body’s radiant circuits are also meridians.
- T F 25.) Formal research into energy psychology is unnecessary due to the strong anecdotal evidence.

(END)

We hope you enjoyed this course! Check out our other easy & practical CEUs and Specialty Certification Programs at www.FastCEUs.com

- Anger, Anxiety and Depression
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- 11 Solutions for Highly Difficult Clients
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Medical Meditation is based on the application of mindfulness and related processes of meditation. The techniques of therapies based on mindfulness meditation, including Mindfulness-Based Stress Reduction (MBSR), are among the most researched modalities of treatment in both medical and behavioral health, considered evidenced-based interventions, for a wide variety of clients. **\$399 - includes all study materials, Certification, and 30 CEUs**

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